

February, 2011

Curriculum Vitae

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Current Position

Associate Professor, Department of Psychology, Stanford University

Education

- 1996 *Ph.D.*, University of California, Berkeley (in Clinical Psychology)
1993 *M.A.*, University of California, Berkeley (in Clinical Psychology)
1991 *B.A.*, Stanford University (in Psychology)

Honors and Awards

- 2009 *Asian American Activities Center Faculty Award*, Stanford University
2007-10 *Nina C. Crocker Faculty Scholar*, School of Humanities and Sciences, Stanford University
2005-6 *Dean's Award for Distinguished Teaching*, Stanford University
2003 *Early Career Award for Distinguished Contributions*, Asian American Psychological Association
2003 *Junior Faculty Professional Development Fellowship*, Irvine Foundation, Research Institute of Comparative Studies on Race and Ethnicity
2003-4 *Young Investigator Award*, National Alliance for Research on Schizophrenia and Affective Disorders
1997 *Robert E. Harris Memorial Award*, University of California, San Francisco
1995 *Western Psychological Association Student Award*
1995 *Sheldon J. Korchin Prize in Clinical Psychology*, UC Berkeley
1994-1996 *University of California, Berkeley Graduate Division Fellowship*

- 1991-1994 *National Science Foundation Fellowship*
- 1991 *Jacob K. Javits Fellowship*
- 1991 *Firestone Award for Outstanding Undergraduate Research, Stanford University*

Professional Positions

- 2007- *Associate Professor, Department of Psychology, Stanford University*
- 2000-2007 *Assistant Professor, Department of Psychology, Stanford University*
- 1997-2000 *Assistant Professor, Department of Psychology, University of Minnesota, Twin Cities Campus*
- 1996-7 *Postdoctoral Research Fellow in Public Service and Minority Mental Health, University of California, San Francisco*
- 1995-6 *Clinical Intern, University of California, San Francisco (A.P.A. accredited)*

Professional Associations

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| American Psychological Association | American Psychological Society |
| Asian American Psychological Association | Emotion Research Group |
| International Society for Research on Emotion | Society of Experimental Social Psychology |
| Society for Personality and Social Psychology | |

Professional Activities

- 2009-10 *Member, Program Committee for Society for Social Psychology and Personality Psychology*
- 2006-10 *Treasurer, International Society for Research on Emotion*
- 2006-7 *Member, Program Committee, Cultural Psychology Pre-Conference for Society for Personality and Social Psychology*
- 2005-6 *Member, Program Committee, International Society for Research on Emotion*
- 2005- *Member, Executive Committee, Emotion Research Group*
- 2003 *Faculty Mentor, Leadership Alliance Summer Research Program, Stanford University.*
- 2002-5 *Fellow, Difficult Dialogues on the Changing Structure of the Family, Institute for Research on Women and Gender, Stanford University*
- 2002 *Member, Selection Committee for editorship for Personality and Individual Differences section of Journal of Personality and Social Psychology.*
- 2002 *Member, Committee on Teaching of Psychophysiology, Society of Psychophysiological Research.*

- 2000- *Faculty Member*, NIMH Predoctoral Training Grant on Personality, Psychopathology, and Emotion, PI: Ian Gotlib
- 2000- *Faculty Member*, NIMH Predoctoral Training Grant in Affective Science, PI: Robert Levenson
- 2000- *Consultant*, National Research Center on Asian American Mental Health, PI: Nolan Zane.
- 2000-2001 *Member, Program Committee*, Society of Psychophysiological Research.
- 2000-2001 *Member, Student Award Committee*, Society of Psychophysiological Research.
- 2000-2001 *Faculty Participant*, American Psychological Association Minority Fellowship Program.
- 1999-2000 *Faculty Member*, "Planning Grant for Asian American Studies," New Initiatives in Interdisciplinary Research and Postbaccalaureate Education Program, University of Minnesota. PI: Josephine Lee.
- 1998-2002 *Member, Conference Committee*, Society of Psychophysiological Research.
- 1997-8 *Member, Program Committee*, Society of Psychophysiological Research.

Editorial Activities

Consulting Editor, Emotion, Journal of Personality and Social Psychology, Personality and Social Psychology Bulletin

Reviewer, American Journal of Community Psychology
Cognition and Emotion
Cultural Diversity and Ethnic Minority Psychology
Ethos
Journal of Abnormal Psychology
Journal of Adolescent Health
Journal of Consulting and Clinical Psychology
Journal of Counseling Psychology
Journal of Cross-Cultural Psychology
Journal of Experimental Social Psychology
Journal of Gerontology
Journal of Personality
Journal of Personality and Social Psychology
Personality and Social Psychology Bulletin
Political Psychology
Psychological Science
Psychology and Aging
Psychophysiology

Grant Support

R01, National Institute of Mental Health, "Implications of Cultural Differences in Ideal Affect for Depression." PI: Jeanne Tsai, pending.

R01, National Institute of Mental Health, "Cultural variation in affect valuation." PI: Jeanne Tsai, 2005-2009, \$1,025,964.

Center for Compassion and Altruism Research, Stanford University, "Does Meditation Increase Compassion?" PI: Jeanne Tsai, 2008-2009, \$55,620.00.

Seed Grant, Stanford Center for Advancing Decision Making in Aging (funded by NIA 5P30AG024957-03), "Striving for good feelings or averting bad ones? The role of affective goals in health care decisions across the life span." Faculty mentor: Jeanne Tsai, 2009, \$40,000.

Seed Grant, Stanford Center for Advancing Decision Making in Aging (funded by NIA 5P30AG024957-03), "Age, affect valuation, and health-related decision-making." PI: Jeanne Tsai, 2006, \$40,000.

Institute of Unlimited Love, Case-Western University, "A measure of compassion," PI: Jeanne Tsai, 2004-2005, \$10,000.

R03, National Institute on Aging, "Culture, age, and affect valuation." PI: Jeanne Tsai, 2004-2006, \$144,000.

Faculty Grant, Vice Provost for Undergraduate Education, Stanford University, "The socialization of affect valuation: Asian American and European American responses to babies during play," PI: Jeanne Tsai, 2004, \$4,700.

Office of Technology Licensing Research Incentive Fund Award, Stanford University, "Affect valuation in Chinese and American cultures," PI: Jeanne Tsai, 2003-2005, \$50,000.

Faculty Grant, Vice Provost for Undergraduate Education, Stanford University, "Interdependence and the desire for calm," PI: Jeanne Tsai, 2004, \$4,500.

2003 Young Investigator Award, National Alliance for Research on Schizophrenia and Affective Disorders, "The effects of depression on emotional functioning across cultures," PI: Jeanne Tsai, 2003-2005, \$60,000.

President's Faculty Multicultural Research Award, University of Minnesota, "Culture, emotion, and depression: A comparison of Hmong and European American young adults," PI: Jeanne Tsai, 1999, \$14,006.

B/START, National Institute of Mental Health, "Cultural influences on relived emotions," PI: Jeanne Tsai, 1998, \$35,397.

Grant in Aid of Research, Artistry & Scholarship, University of Minnesota, "Cultural influences on relived emotions," PI: Jeanne Tsai, 1998, \$19,927.

Bush Faculty Development Program on Excellence and Diversity in Teaching, University of Minnesota, "Development of 'Introduction to Cultural Psychology' course," PI: Jeanne Tsai, 1998, \$3,464.80.

CLA Equipment Proposal, University of Minnesota, 1998, PI: Jeanne Tsai, \$5,600.

Publications

- Chentsova-Dutton, Y.E. & **Tsai, J.L.** (2010). Self-focused attention and emotional reactivity: The role of culture. *Journal of Personality and Social Psychology*, 98, 507-519.
- Chentsova-Dutton, Y.E., **Tsai, J.L.**, & Gotlib, I. (2010). Further evidence for the cultural norm hypothesis: Positive emotion in depressed and control European American and Asian American women. *Cultural Diversity and Ethnic Minority Psychology*, 16, 284-295.
- Chentsova-Dutton, Y., & **Tsai, J.** (2009). Culture and depression. In R. E. Ingram (Ed.), *International Encyclopedia of Depression*. New York: Springer Publishing.
- Kwon, Y., Scheibe, S., Samanez-Larkin, G.R., **Tsai, J.L.**, & Carstensen, L.L. (2009). Replicating the positivity effect in picture memory in Koreans: Evidence for cross-cultural generalizability. *Psychology and Aging*, 24, 748-54.
- Chentsova-Dutton, Y., & **Tsai, J.** (2009). Understanding depression across cultures. In I. Gotlib & C. Hammen (Eds.), *Handbook of depression* (2nd ed.) (pp. 363-385). New York: Guilford Press.
- Tsai, J.L.** (2007). Ideal affect: Cultural causes and behavioral consequences. *Perspectives on Psychological Science*, 2, 242-259.
- Chentsova-Dutton, Y., Chu, J., **Tsai, J.L.**, Rottenberg, J., Gross, J.J. & Gotlib, I. (2007). Depression and emotional reactivity: Variation among Asian Americans of East Asian Descent and European Americans. *Journal of Abnormal Psychology*, 116, 776-785.
- Ying, Y.W., Lee, P.A., **Tsai, J.L.** (2007). Attachment, sense of coherence, and mental health among Chinese American college students: Variation by migration status. *International Journal of Intercultural Relations*, 31, 531-544.
- Wong, Y. & **Tsai, J.L.** (2007). Cultural models of shame and guilt. In J. Tracy, R. Robins, & J. Tangney (Eds). *Handbook of Self-Conscious Emotions* (pp.210-223). New York, NY: Guilford Press.
- Roberts, N.A., **Tsai, J.L.**, & Coan, J. (2007). Emotion elicitation using dyadic interaction tasks. In J. Allen & J. Coan (Eds.). *Handbook of Emotion Elicitation* (pp. 106-123). New York, NY: Oxford University Press.
- Tsai, J.L.**, Miao, F., Seppala, E., Fung, H., & Yeung, D. (2007). Influence and adjustment goals: Sources of cultural differences in ideal affect. *Journal of Personality and Social Psychology*, 92, 1102-1117.
- Tsai, J.L.**, Miao, F., & Seppala, E. (2007). Good feelings in Christianity and Buddhism: Religious differences in ideal affect. *Personality and Social Psychology Bulletin*, 33, 409-421.
- Tsai, J.L.**, Louie, J., Chen, E.E., & Uchida, Y. (2007). Learning what feelings to desire: Socialization of ideal affect through children's storybooks. *Personality and Social Psychology Bulletin*, 33, 17-30.
- Chentsova-Dutton, Y. & **Tsai, J.L.** (2007). Gender differences in emotional response among European Americans and Hmong Americans. *Cognition and Emotion*, 21, 162-181.

- Chentsova-Dutton, Y. & **Tsai, J.L.** (2007). Cultural factors influence the expression of psychopathology. In W. O'Donohue & S. Lilienfeld (Eds.). *The Great Ideas of Clinical Science: The 18 Concepts That Every Mental Health Practitioner and Researcher Should Understand* (pp-375-396). New York, NY: Brunner-Taylor.
- Cheryan, S. & **Tsai, J.L.** (2006). *Ethnic identity*. Chapter to appear in F. Leong, A. Inman, A. Ebreo, L. Yang, L. Kinoshita, & F. Fu (Eds). *Handbook of Asian American Psychology*. Thousand Oaks, CA: Sage Publications.
- Butcher, J.N., Mosch, S.C., **Tsai, J.L.**, & Nezami, E. (2006). Cross-cultural applications of the MMPI-2. In J. Butcher (Ed). *MMPI-2: A practitioner's guide* (pp. 503-537). Washington, DC, USA: American Psychological Association.
- Tsai, J.L.**, Levenson, R.W., & McCoy, K. (2006). Cultural and temperamental variation in emotional response. *Emotion*, 6, 484-497.
- Tsai, J.L.** Knutson, B., & Fung, H. H. (2006). Cultural variation in affect valuation. *Journal of Personality and Social Psychology*, 90, 288-307.
- Ying, Y., Lee, P.A., & **Tsai, J.L.** (2006). The experience of college challenges: Variation among Chinese American students. *Journal of Immigrant and Refugee Studies*, 4, 79-97.
- Roisman, G.I., **Tsai, J.L.**, & Chiang, K.S. (2004). The emotional integration of childhood experience: Physiological, facial expressive, and self-reported emotional response during the Adult Attachment Interview. *Developmental Psychology*, 40, 776-789.
- Tsai, J.L.**, Simenova, D., & Watanabe, J. (2004). Somatic and social: Chinese Americans talk about emotion. *Personality and Social Psychology Bulletin*, 30, 1226-1238.
- Ying, Y., Lee, P.A., & **Tsai, J.L.** (2004). Inventory of College Challenges for Ethnic Minority Students: Psychometric properties of a new instrument in Chinese Americans. *Cultural Diversity and Ethnic Minority Psychology*, 10, 351-364.
- Ying, Y., Lee, P.A., & **Tsai, J.L.** (2004). Psychometric properties of the Intergenerational Congruence in Immigrant Families-Child Scale in Chinese Americans. *Journal of Comparative Family Studies*, 35, 91-103.
- Tsai, J.L.** & Chentsova-Dutton, Y. (2003). Variation among European Americans in emotional facial expression. *Journal of Cross-Cultural Psychology*, 34, 650-657.
- Tsai, J.L.**, Pole, N., Levenson, R.W., & Muñoz, R.F. (2003). The effects of depression on the emotional responses of Spanish-speaking Latinas. *Cultural Diversity and Ethnic Minority Psychology*, 9, 49-63.
- King, S.K., **Tsai, J.L.**, & Chentsova-Dutton, Y. (2002). Psychophysiological studies of emotion and psychopathology. In J.N. Butcher (Ed.). *Clinical Personality Assessment* (pp. 56-74). New York, NY: Oxford University Press.
- Tsai, J.L.**, & Chentsova-Dutton, Y. (2002). Different models of cultural orientation in American- and overseas-born Asian Americans. In K. Kurasaki, S. Okazaki, & S. Sue (Eds.). *Asian American Mental Health: Assessment Theories and Methods* (pp. 95-106). New

York, NY: Kluwer Academic/Plenum Publishers.

- Tsai, J.L.** & Chentsova-Dutton, Y. (2002). Understanding depression across cultures. In I. Gotlib & C. Hammen (Eds.). *Handbook of Depression* (pp. 467-491). New York, NY: Guilford Press.
- Tsai, J.L.**, Chentsova-Dutton, Y., Friere-Bebau, L.H., & Przymus, D. (2002). Emotional expression and physiology in European Americans and Hmong Americans. *Emotion*, 2, 380-397.
- Tsai, J.L.**, Chentsova-Dutton, Y., & Wong, Y. (2002). Why and how we should study ethnic identity, acculturation, and cultural orientation. In G. Hall & S. Okazaki (Eds.). *Asian American psychology: The science of lives in context* (pp. 41-65). Washington, D.C.: American Psychological Association.
- Tsai, J.L.**, Morstensen, H., Wong, Y., & Hess, D. (2002). What does "Being American" mean?: Differences between Asian American and European American young adults. *Cultural Diversity and Ethnic Minority Psychology*, 8, 257-273.
- Tsai, J.L.**, Przymus, D.E., & Best, J.L. (2002). Towards an understanding of Asian American interracial dating and marriage. In M. Yalom & L. Carstensen (Eds.). *Inside the American Couple* (pp. 189-210). Berkeley, CA: University of California Press.
- Tsai, J.L.** (2001). Cultural orientation of Hmong young adults. *Journal of Human Behavior in the Social Environment*, 3-4, 99-114.
- Tsai, J.L.**, Butcher, J.N., Vitousek, K., & Munoz, R. (2001). Culture, ethnicity, and psychopathology. In H.E. Adams & P.B. Sutker (Eds.). *The Comprehensive Handbook of Psychopathology* (pp.105-127). New York, NY: Plenum Press.
- Tsai, J.L.**, Ying, Y.W., & Lee, P.A. (2001). Cultural predictors of self-esteem: A study of Chinese American female and male young adults. *Cultural Diversity and Ethnic Minority Psychology*, 7, 284-297.
- Ying, Y., Lee, P.A., **Tsai, J.L.**, Hung, Y., Lin, M., Wan, C.T. (2001). Asian American college students as model minorities: An examination of their overall competence. *Cultural Diversity and Ethnic Minority Psychology*, 7, 59-74.
- Ying, Y., Lee, P.A., **Tsai, J.L.**, Lee, Y.J., & Tsang, M. (2001). Network composition, social integration, and sense of coherence in Chinese American young adults. *Journal of Human Behavior in the Social Environment*, 3-4, 83-98.
- Ying, Y., Lee, P.A., **Tsai, J.L.**, Lee, Y.J., & Tsang, M. (2001). Relationship of young adult Chinese Americans with their parents: Variation by migratory status and cultural orientation. *American Journal of Orthopsychiatry*, 71, 342-349.
- Tsai, J.L.**, Levenson, R.W., & Carstensen, L.L. (2000). Autonomic, expressive, and subjective responses to emotional films in older and younger Chinese American and European American adults. *Psychology and Aging*, 15, 684-693.
- Tsai, J.L.**, Ying, Y., & Lee, P.A. (2000). The meaning of "being Chinese" and "being American": Variation among Chinese American young adults. *Journal of Cross-Cultural Psychology*, 31, 302-322.

- Ying, Y., Lee, P.A., & **Tsai, J.L.** (2000). Cultural orientation and racial discrimination: Predictors of coherence in Chinese American young adults. *Journal of Community Psychology, 28*, 427-442.
- Ying, Y., Lee, P.A., **Tsai, J.L.**, Yeh, Y., & Huang, J. (2000). The concept of depression in Chinese American college students. *Cultural Diversity and Ethnic Minority Psychology, 6*, 183-195.
- Tsai, J.L.** (1999). Culture. In D. Levinson, J. Ponzetti, & P. Jorgensen (Eds.). *Encyclopedia of Human Emotion (pp.159-166)*. New York, NY: Macmillan Press.
- Pasupathi, M., Carstensen, L.L., Turk-Charles, S., & **Tsai, J.L.** (1998). Emotion and aging. In H. Friedman (Ed.). *Encyclopedia of Mental Health (pp. 91-101)*. San Diego, CA: Academic Press.
- Gross, J.J., Carstensen, L.L., Pasupathi, M., **Tsai, J.L.**, Gottestam, K., & Hsu, A.Y.C. (1997). Emotion and aging: Changes in experience, expression, and control. *Psychology and Aging, 12*, 590-599.
- Tsai, J.L.** & Levenson, R.W. (1997). Cultural influences on emotional responding: Chinese American and European American dating couples during interpersonal conflict. *Journal of Cross-Cultural Psychology, 28*, 600-625.
- Tsai, J.L.** & Carstensen, L. L. (1996). Clinical intervention with ethnic minority elders. In L.L. Carstensen, B.A. Edelstein, & L. Dornbrand (Eds.). *The Practical Handbook of Clinical Gerontology (pp.76-106)*. Beverly Hills, CA: SAGE Publishers.
- Pasupathi, M., Carstensen, L.L., & **Tsai, J.L.** (1994). Ageism in interpersonal settings. In B. Lott & D. Maluso (Eds.). *The Social Psychology of Interpersonal Discrimination (pp.160-182)*. New York, NY: Guilford Press.

Presentations

Invited Talks and Colloquia

- Tsai, J.L.** (2011, January). "Cultural shaping of emotion." Invited talk at the Wright Institute, Berkeley, CA.
- Tsai, J.L.** (2010, October). "Does meditation make people more compassionate?" Invited talk at the Compassion, Science, and Society Scientific Conference with the Dalai Lama, Center for Compassion and Altruism Research and Education, Stanford University, Stanford, CA.
- Tsai, J.L.** (2010, September). "Practice defines perfect: Meditation and emotional ideals." Invited talk at the Center for Investigating Healthy Minds, University of Wisconsin-Madison, Madison, WI.
- Tsai, J.L.** (2009, April). "Cultural variation in affect valuation." Invited talk at the Department of Comparative Human Development, University of Chicago, Chicago, IL.
- Tsai, J.L.** (2009, January). "Cultural variation in affect valuation." Invited talk at the Wright Institute, Berkeley, CA.

- Tsai, J.L.** (2008, June). "Cultural variation in affect valuation." Invited talk at the Department of Psychology at the University of California, Davis.
- Tsai, J.L.** (2008, March). "Cultural variation in affect valuation." Invited talk at the Center for Human Growth and Development at the University of Michigan, Ann Arbor.
- Tsai, J.L.** (2007, May). "Cultural variation in affect valuation." Invited talk at the Department of Psychology and Social Behavior at the University of California, Irvine.
- Tsai, J.L.** (2007, March). "Cultural variation in affect valuation." Invited talk at the Department of Psychology at Boston College.
- Tsai, J.L.** (2006, June). "Cultural variation in affect valuation: Clinical implications." Invited talk at the NIMH Family Research Consortium IV Summer Institute, Spokane, WA.
- Tsai, J.L.** (2006, April). "Affect valuation: Beyond the pursuit of happiness." Invited talk at the annual meeting of the Western Psychological Association, Palm Springs, CA.
- Tsai, J.L.** (2005, March). "Cultural variation in affect valuation." Invited talk at the Department of Psychology at the University of Illinois, Urbana-Champaign.
- Tsai, J.L.** (2005, February). "Cultural variation in affect valuation." Invited talk at the Department of Psychology at the University of California, Riverside.
- Tsai, J.L.** (2004, May). "Affect valuation: Theory, measurement, and cultural variation." Invited talk at the annual meeting of the American Psychological Society, Chicago, IL.
- Tsai, J.L.** (2003, November). "Affect valuation: Theory, measure, and cultural variation." Invited talk at the Department of Psychology, Wake Forest University, Winston-Salem, NC.
- Tsai, J.L.** (2003, May). "Differences between Asian Americans and European Americans in emotion: What, why, and how." Invited talk at the Department of Psychology, Developmental Psychopathology Program, University of Oregon, Eugene, OR.
- Tsai, J.L.** (2003, January). "The cultural shaping of emotion." Invited colloquium at the Department of Psychology, UC Santa Cruz, Santa Cruz, CA.
- Tsai, J.L.** (2002, December). "The cultural shaping of emotion." Invited colloquium at the Department of Psychology, National Taiwan University, Taipei, Taiwan.
- Tsai, J.L.** (2002, December). "Immigrant families: The effects of acculturation on parent-child relationships." Jing Lyman Lecture Series. Institute of Research on Women and Gender, Stanford University, Stanford, CA.
- Carstensen, L.L. & **Tsai, J.L.** (2002, June). "Culture, emotion, and well-being in older adults." Invited talk at the summer workshop for the Minority Aging Network in Psychology, Department of Psychology, University of Southern California.
- Tsai, J.L.** (2002, April). "Chinese Americans' feelings toward their parents: Physiological and facial-expressive responses." Invited colloquium at Department of Psychology, Michigan State University, Lansing, MI.

- Tsai, J.L.** (2001, November). "The role of cultural frameworks in directing visual attention to emotion." Invited talk at the *New Look at Race: How Social Representations of Race Affect Visual Perception & Attention Conference*, Center for Comparative Studies on Race and Ethnicity, Stanford University, Stanford, CA.
- Carstensen, L.L. & **Tsai, J.L.** (2001, July). "Culture, emotion, and well-being in older adults." Invited talk at the summer workshop for the Minority Aging Network in Psychology, Department of Psychology, University of Southern California.
- Tsai, J.L.** (2001, May). "How does culture influence emotional experience and expression?" Invited talk at the *Mind and Emotion Conference: From the Molecular to the Cultural*, Center for Cognitive Sciences, University of Minnesota. Minneapolis, Minnesota.
- Tsai, J.L.** (2001, January). "How does culture influence how we feel? Emotion in Asian American and European American contexts." Invited talk at the National Research Center for Asian American Mental Health, Davis, California.
- Tsai, J.L.** (2000, November). "Culture, attention, and emotion." Invited talk at the Institute for Personality and Social Research, Berkeley, California.
- Tsai, J.L.** (2000, August). "Cultural influences on relived emotions: Physiology, verbal report, and their interrelations." Invited talk at the biennial meeting of the *International Society for Research on Emotion*. Quebec City, Canada.
- Tsai, J.L.** (2000, March). "Culture and emotion." Invited talk presented at the Mind and Life 2000 conference on *Destructive Emotions: Dialogues Between Buddhism and the Sciences: Conversations with the Dalai Lama*, Dharamsala, India.
- Tsai, J.L.** (2000, February). "How does culture influence what we feel?" Invited colloquium at the Department of Psychology, Stanford University, Stanford, CA.
- Tsai, J.L.** (2000, February). "How does culture influence what we feel?" Invited colloquium at the Department of Psychology, University of California, Los Angeles, CA.
- Tsai, J.L.** (1999, December). "Culture, emotion, and psychopathology." Invited colloquium presented at the Institute of Child Development, Minneapolis, MN.
- Tsai, J.L.** (1998, November). "The meaning of 'being Chinese' and 'being American:' Variation among Chinese American young adults." Invited paper presented at conference on *Conceptual, Methodological, and Practical Issues in the Mental Health Assessment of Asian Americans*. The National Research Center on Asian American Mental Health, Davis, CA.
- Tsai, J.L.** (1998, August). "Culture, context, and components of emotion." Invited paper presented at *Cultural Psychology: Stanford Mini-Conference*, Stanford University, Stanford, CA.
- Tsai, J.L.** (1998, May). "Culture and identity." Invited paper presented at *Identity Through the Life Course in Cross-Cultural Perspective Conference* organized by the Life Course Center, University of Minnesota.
- Tsai, J.L.** (1998, February). "Cultural influences on emotional processes." Invited paper

presented at the Center for Cognitive Sciences, University of Minnesota, Minneapolis, MN.

Tsai, J. L. (1997, April). "Culture and the three C's: Classes, components, and contexts of emotion." Invited paper presented at the Institute for Personality and Social Research, Berkeley, California.

Symposia/Conference Presentations

Tsai, J.L. (2011, January). "The pursuit of ideal affect." In L. Cheriassky (Chair). *The motivational properties of anticipatory affect*. Symposium conducted at the annual meeting of the Society for Social Psychology and Personality Psychology, San Antonio, TX.

Tsai, J.L. and Koopmann, B.K. (2010, October). "The religious shaping of emotional ideals." In J. Sasaki and H.J. Kim (Co-chairs). *Implications of religion for the self: From emotion and cognition to behavior*. Symposium conducted at the annual meeting of the Society for Experimental Social Psychology, Minneapolis, MN.

Tsai, J.L. (2009, February). "Ideal affect across the life span: Similarities and differences between European Americans and Chinese Americans." In M. Tamir (Chair), *What do people want to feel? Exploring motives in emotion regulation*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

Tsai, J.L. (2007, April). "Changes in ideal affect across the lifespan." Presentation at Emotion Research Group, Point Reyes, CA.

Tsai, J.L. (2007, January). Affect valuation theory. In D. Matsumoto (Chair). *Debate on culture and emotion: Going beyond universality and culture-specificity*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.

Tsai, J.L. (2006, November). "Changes in affect valuation across the lifespan." In D. Issacowitz and H.H. Fung (Co-chairs). *Aging and emotional processing: Early and late effects*. Symposium conducted at the annual meeting of the Gerontological Society of America, Dallas, TX.

Tsai, J.L. (2006, October). "Influencing vs. adjusting to others: Mediators of cultural differences in ideal affect." In T. Pittman & Y. Dutton (Co-chairs). *Cultural and contextual influences on emotion*. Symposium conducted at the annual meeting of the Society for Experimental Social Psychology, Philadelphia, PA.

Tsai, J.L. (2006, August). "Cultural variation in affect valuation: Beyond the pursuit of happiness." In D. McCarthy & J. Tsai (Co-chairs). *New perspectives on the cultural shaping of emotion*. Symposium conducted at the annual meeting of the International Society for Research on Emotions, Atlanta, CA.

Tsai, J.L. (2006, April). "Cultural differences in affect valuation due to influence and adjustment goals." Presentation at the Emotion Research Group, Miami, FL.

Tsai, J.L. (2004, January). "Cultural variation in affect valuation." In C. Wan (Chair), *Cultural values, self, and identity: Perspectives on the interrelations among the three*. Symposium conducted at the annual meeting of the Society for Personality and Social

Psychology, Austin, TX.

- Tsai, J.L.** (2004, January). "Cultural variation in the experience and expression of shame." In J. Tracy & R. Robins (Chairs), *Current directions in research on self-conscious emotions*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Tsai, J.L.** (2003, February). "Cultural variation in Non-Duchenne smiles during positive emotional events." In P. Ellsworth (Chair), *Cultural differences in emotions: Theoretical approaches*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.
- Tsai, J.L.** (2002, October). "Cultural models of emotional expression: Effects on physiology and facial behavior during relived emotion." In J. Tsai (Chair), *What has psychophysiology revealed about ethnicity and emotion?* Symposium conducted at the annual meeting of the Society for Psychophysiological Research, Washington, DC.
- Tsai, J.L.** (2000, August). "Why and how we should study ethnic identity, cultural orientation, and acculturation?" In G. Hall & S. Okazaki (Chairs), *Asian American Psychology: Scientific innovations for the 21st century*. Symposium conducted at the annual meeting of the Asian American Psychologists Association, Washington, DC.
- Tsai, J.L.** (2000, August). "Emotional reactivity of depressed and non-depressed Spanish-speaking Latinas." In W. Heller & D. Beidel (Chairs), *Constructing mental health: The embodiment of culture, emotion, and language*. Symposium conducted at the annual meeting of the Society for a Science of Clinical Psychology, Washington, DC.
- Tsai, J.L.** (1999, June). "Cultural influences on physiology, expressive behavior, and reported emotion during interpersonal conflict." In J. Tsai (Chair), *Advances in experimental cultural psychology: Cultural influences on cognition, emotion, and motivation*. Symposium conducted at the annual meeting of the American Psychological Society, Denver, CO.
- Tsai, J.L.** (1998, August). "Chinese and European American dating couples: Emotion and interpersonal harmony." In Y. Ying (Chair), *Social relationships of Asian American youths: Intergenerational, peer, and romantic*. Symposium conducted at the annual meeting of the American Psychological Association, San Francisco, CA.
- Tsai, J.L.** (1998, August). "'Being Chinese, Being American': Variation among American-born and immigrant Chinese college students." In V. Benet-Martinez (Chair), *Conceptual and methodological issues in the study of acculturation: Current efforts and new directions*. Symposium conducted at the International Association for Cross-Cultural Psychology, Bellingham, Washington.
- Tsai, J.L.** (1998, May). "Cultures within context: Emotion in Chinese American and European American dating couples." In S. Lyubomirsky & J.L. Tsai (Chairs), *The mechanisms of cultural influence: Understanding cultural differences in emotion, morality, and violence*. Symposium conducted at the meeting of the American Psychological Society, Washington, DC.
- Tsai, J.L. & Levenson, R.W.** (1996, October). "Emotion and physiology in Asian and European American cultures." In R. Simons (Chair), *Off to the races: Ethnicity in contemporary psychophysiology*. Symposium conducted at the meeting of the Society of

Psychophysiological Research, Vancouver, CANADA.

- Tsai, J.L.** & Levenson, R.W. (1996, June). "Beyond ethnographic notions: Cultural influences on emotional responding." In R. Levenson (Chair), *Culture and psychological processes*. Symposium conducted at the meeting of the American Psychological Society, San Francisco, CA.
- Tsai, J.L.** (1996, April). "Depression in Chinese American college students." In Y. Ying (Chair), *Chinese American college students: A model minority?* Symposium conducted at the meeting of the Western Psychological Association, San Jose, CA.
- Tsai, J.L.** & Levenson, R.W. (1994, June). "Cultural norms regarding emotion and their implications for emotional responding in Chinese American and European American couples." Paper presented at the workshop of the National Institute of Mental Health Post-Doctoral Training Program on Emotion Research, Berkeley, CA.

Poster Presentations

- Chim, L., **Tsai, J.L.**, Zhu, L., Zhang, X., Ho, Y., Fung, H.L. (2011, January). *Cultural differences in the importance of ought affect for mental health*. Poster presented at the 12th Annual Meeting of the Society of Personality and Social Psychology, San Antonio, TX, USA.
- Koopmann-Holm, B. & **Tsai, J. L.** (2011, January). *Cultural differences in avoided affect: A comparison of American and German contexts*. Poster presented at the 12th Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Moon, A., Chim, L., **Tsai, J.L.**, Ho, Y., Fung, H.L. (2011, January). *The influence of cultural differences in ideal affect on self-presentation and other-perception of Facebook profiles*. Poster presented at the 12th Annual Meeting of the Society of Personality and Social Psychology, San Antonio, TX, USA.
- Tsai J.L.**, Thomas E.A., Sims T.L., Park C., Hong J., Fung, H. (2011, January). *You're Getting Old...Get Over It! Chinese American Views of Old Age Enhance Emotional Adjustment*. Poster Presentation. Society for Personality and Social Psychology, San Antonio, TX.
- Chim, L., Moon, A., & **Tsai, J.L.** (2010, January). *Emotional values and emotional response: Does ideal affect influence how people experience emotional events?* Poster presented at the 11th Annual Meeting of the Society of Personality and Social Psychology, Las Vegas, NV, USA.
- Koopmann-Holm, B., Ochs, C., & **Tsai, J. L.** (2010, January). *Compassion and Mindfulness Meditation: Both Roads Lead to a Calm Ideal*. Poster presented at the 11th Annual Meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Sims, T.L., **Tsai, J.L.**, & Goldstein, M.K (2009, October). *Ideal Affect Mediates Age-Related Cultural Differences in Physician Preference*. Poster presented at the annual meeting of the Society for Medical Decision Making, Hollywood, CA.
- Koopmann, B., Sze, J., Lee, K., Seppala, E. & **Tsai, J.L.** (2009, May). *Practice defines perfect: Meditation changes emotional ideals*. Poster presented at the annual meeting of the

Association for Psychological Science, San Francisco, CA.

- Tsai, J.L.**, Thomas, E.A., Sims, T.L., Park, C., Hong, J., Fung, H.H. (2009, May). *Ideal Affect Across the Lifespan: Variation Among European American and Chinese American Adults*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Chim, L., Moon, A., **Tsai, J.L.** (2009, February). *Beauty is in the culture of the beholder: The occurrence and perception of American and Chinese smiles in magazines*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, Tampa, FL.
- Koopmann, B., Sze, J., Lee, K., & **Tsai, J.L.** (2009, February). *Religious practice and ideal affect: The effect of mindfulness meditation*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, Tampa, FL.
- Sims, T. & **Tsai, J.L.** (2009, February). *Ideal affect and health care preferences*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, Tampa, FL.
- Chentsova-Dutton, Y. & **Tsai, J.L.** (2006, January). *Intensity of emotional responding depends on culturally normative focus of attention*. Poster presented at the meeting of the Society of Personality and Social Psychology, Palm Springs, CA.
- Miao, F., Seppala, E., **Tsai, J.L.**, & Fung, H.H. (2006, January). *Cultural differences in affect valuation due to influence and adjustment goals*. Poster presented at the meeting of the Society of Personality and Social Psychology, Palm Springs, CA.
- Louie, J., Chen, E., **Tsai, J.L.**, & Uchida, Y. (2006, January). *Cultural differences in affect valuation among preschool children*. Poster presented at the meeting of the Society of Personality and Social Psychology, Palm Springs, CA.
- Chentsova-Dutton, Y. & **Tsai, J.L.** (2005, February). *Self, family, and emotional responding in Asian Americans and European Americans*. Poster presented at the meeting of the Society of Personality and Social Psychology, New Orleans, LA.
- Chentsova-Dutton, Y. & **Tsai, J.L.** (2003, February). *Variation among European Americans in emotional expressive behavior*. Poster presented at the meeting of the Society of Personality and Social Psychology, Los Angeles, CA.
- Tsai, J.L.**, Simenova, D., Watanabe, J. (2003, February). *Cultural variation in linguistic style during emotional events*. Poster presented at the meeting of the Society of Personality and Social Psychology, Los Angeles, CA.
- Chentsova-Dutton, Y. & **Tsai, J.L.** (2002, October). *Gender differences in emotional responding: Spontaneous and relived emotions across cultural groups*. Poster presented at the Society of Psychophysiological Research, Washington, D.C.
- Roisman, G. & **Tsai, J.L.** (2001, October). *Physiological correlates of emotional dismissiveness during the Adult Attachment Interview: Generalizability across sex and ethnic groupings*. Poster presented at the meeting of the Society of Psychophysiological Research, Montreal, CANADA.

- Tsai, J.L.**, Chentsova-Dutton, Y., & Freire, Bebeau, L. (2001, October). *Cultural differences in the relationship between physiological responding and facial expression during negative emotion*. Poster presented at the meeting of the Society of Psychophysiological Research, Montreal, CANADA.
- Chentsova-Dutton, Y. & **Tsai, J.L.** (2000, October). *Culture and the coherence of emotion*. Poster presented at the meeting of the Society of Psychophysiological Research, San Diego, CA.
- Tsai, J.L.**, Pole, N., Przymus, D., Levenson, R., & Muñoz, R.F. (1999, October). *Depression alters Latinas' emotional responses to negative and positive film clips*. Poster presented at the meeting of the Society of Psychophysiological Research, Granada, SPAIN.
- Tsai, J. L.** & Levenson, R.W. (1997, October). *Culture, physiology, and reported affect: Couples during enjoyable conversations*. Poster presented at the meeting of the Society of Psychophysiological Research, Cape Cod, MA.
- Tsai, J. L.** & Levenson, R.W. (1996, October). *Ethnographic notions of the relationship between physiology and reported affect in Chinese and European cultures: A test of opposing predictions*. Poster presented at the meeting of the Society of Psychophysiological Research, Vancouver, CANADA.
- Tsai, J.L.** & Levenson, R.W. (1995, October). *A test of emotional moderation in Chinese American culture: Affect and physiology during conflictive interactions*. Poster presented at the meeting of the Society for Psychophysiological Research, Toronto, CANADA.
- Tsai, J.L.** & Levenson, R.W. (1995, April). *Cultural norms regarding emotion: Chinese American and European American couples during conflict*. Paper presented at the meeting of the Western Psychological Association, Los Angeles, CA.
- Tsai, J.L.**, Levenson, R.W., & Carstensen, L.L. (1994, October). *Age differences in the intensity of physiological, subjective, and behavioral responses to emotional films*. Poster presented at the meeting of the Society of Psychophysiological Research, Atlanta, GA.
- Tsai, J.L.**, Levenson, R.W., & Carstensen, L.L. (1992, October). *Physiological and subjective responses of Chinese Americans and European Americans to emotional films*. Poster presented at the meeting of the Society of Psychophysiological Research, San Diego, CA.
- Tsai, J.L.**, Levenson, R.W., & Carstensen, L.L. (1992, June). *Physiological and subjective responses of Chinese Americans and European Americans to emotional films*. Poster presented at the International Conference on Culture and Emotion, Eugene, OR.

Teaching Activities

Courses

Introduction to Personality Psychology, Stanford University
Selected Topics and Methods in Cultural Psychology, Stanford University
Seminar on Culture and Emotion, Stanford University

The Cultural Shaping of Mental Health and Illness, Stanford University
Culture and Social Relationships, Stanford University
Introduction to Clinical Research and Practice, University of Minnesota, Twin Cities
Introduction to Cultural Psychology, University of Minnesota, Twin Cities
Emotion Theory and Research, University of Minnesota, Twin Cities
Introduction to Psychology (team-taught), University of Minnesota, Twin Cities

Other Teaching Activities

1998-1999 *Participant*, Bush Faculty Development Program on Excellence and Diversity in Teaching.

University/Department Service

2010- *Head, Affective Science Area*, Dept. of Psychology, Stanford

2009- *Co-chair, Undergraduate Education Committee*, Dept. of Psychology, Stanford

2009-10 *Co-Director*, Undergraduate Program, Center of Comparative Studies of Race and Ethnicity, Stanford University

2008-9 *Director*, Undergraduate Program, Center of Comparative Studies of Race and Ethnicity, Stanford University

2008- *Member, Undergraduate Curriculum Committee*, School of Sciences and Humanities, Stanford University

2008- *Member, Diversity Committee*, Dept. of Psychology, Stanford University

2006-9 *Co-chair, Colloquium Committee*, Dept. of Psychology, Stanford University

2006- *Member, NSF Graduate Student Diversity Committee*, Stanford University

2005- 2006 *Member, Admissions Committee*, Department of Psychology, Stanford University

2002-2003 *Member, Developmental Search Committee*, Department of Psychology, Stanford University.

2001-2004 *Chair, Colloquium Committee*, Department of Psychology, Stanford University.

2001-2005 *Faculty Adviser, Stanford Undergraduate Psychology Association*, Department of Psychology, Stanford University

2001-2002 *Member, Dissertation Fellowship Committee*, Center for Comparative Studies on Race and Ethnicity, Stanford University.

2000-2001 *Member, Library Committee*, Department of Psychology, Stanford University.

2000-2001 *Member, Admissions Committee*, Department of Psychology, Stanford University

2001-2002 *Member, Undergraduate Education Committee*, Department of Psychology, Stanford University

- 1999-2000 *Member, Preliminary Review Committee*, Department of Psychology, University of Minnesota.
- 1998-1999 *Member, CLA Assembly*, University of Minnesota
- 1998-1999 *Member, Asian American Studies Planning Committee*, University of Minnesota.
- 1998-1999 *Member, Colloquium Committee*, Department of Psychology, University of Minnesota.